

Communicating outdoors during COVID-19 while keeping physical distance



Evidence informed advice

Starting a Conversation



Hello

Wave one hand in the air



Please wait

Ask people to wait. Place your palm facing them



6 ft or 2m

Reminder of physical distancing. Place one arm out horizontally

Indicate which direction you are going



I

Point to yourself



am going this way

Point in the direction you are going



Thank you

Thank you
Place your hand on your heart and moving it outward

Indicate which direction you would like the other person to go



Could you?

Point to the person



Please go that way

Point to the direction where you would like them to go



Thank you

Thank you
Place your hand on your heart and moving it outward

Some friendly gestures



We're in this together

Cross your index and middle finger



Love

Open your pinky and index and thumb and move your hand from side to side



Thank you

Place your hand on your chest and move it outward



Hello

Greeting
Smile, wave and / or say hello



Isn't it a lovely...

Sharing something beautiful
Point to something beautiful (sunshine, flower, anything)



Yes!!

Agree / Acknowledge
Give a thumbs up

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Non-verbal signs adapted from American Sign Language