

KEEPING THE INSIDE OF YOUR HOME SAFE



Evidence informed advice

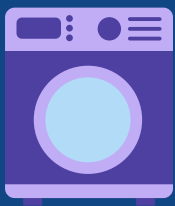


Wash your hands frequently with soap and water for 20 seconds. Wash them each time you return from outside your home; before and after handling food; before eating; after using the restroom; after wiping your nose; and after touching dirty objects such as diapers, toilets etc.

Clean commonly touched surfaces regularly with cleaning products or diluted bleach (5ml bleach in 250ml of water).



Avoid sharing cups, utensils and plates with others. Wash dishes as usual.



Wash laundry with your usual detergent. Place soft toys, and other objects that cannot be washed, in the dryer for 20 minutes.

If you are not sick with COVID-19, there is no reason to distance yourself from your pet. There is no evidence that pets transmit COVID-19 to humans or that humans transmit COVID-19 to pets.



If repairs are essential, ensure that workers wash their hands or use hand sanitizer before entering the home. If they choose to wear masks or home-made face coverings, they should still remain 6 feet (2 meters) away from people living in the home.